



# SPEAKING 2

- 
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# Classroom rules and regulations



**Book: Northstar- listening & speaking-level 2**

**Be on time: (-15ms)**

**Full classes**

**2**  
meetings/  
fail



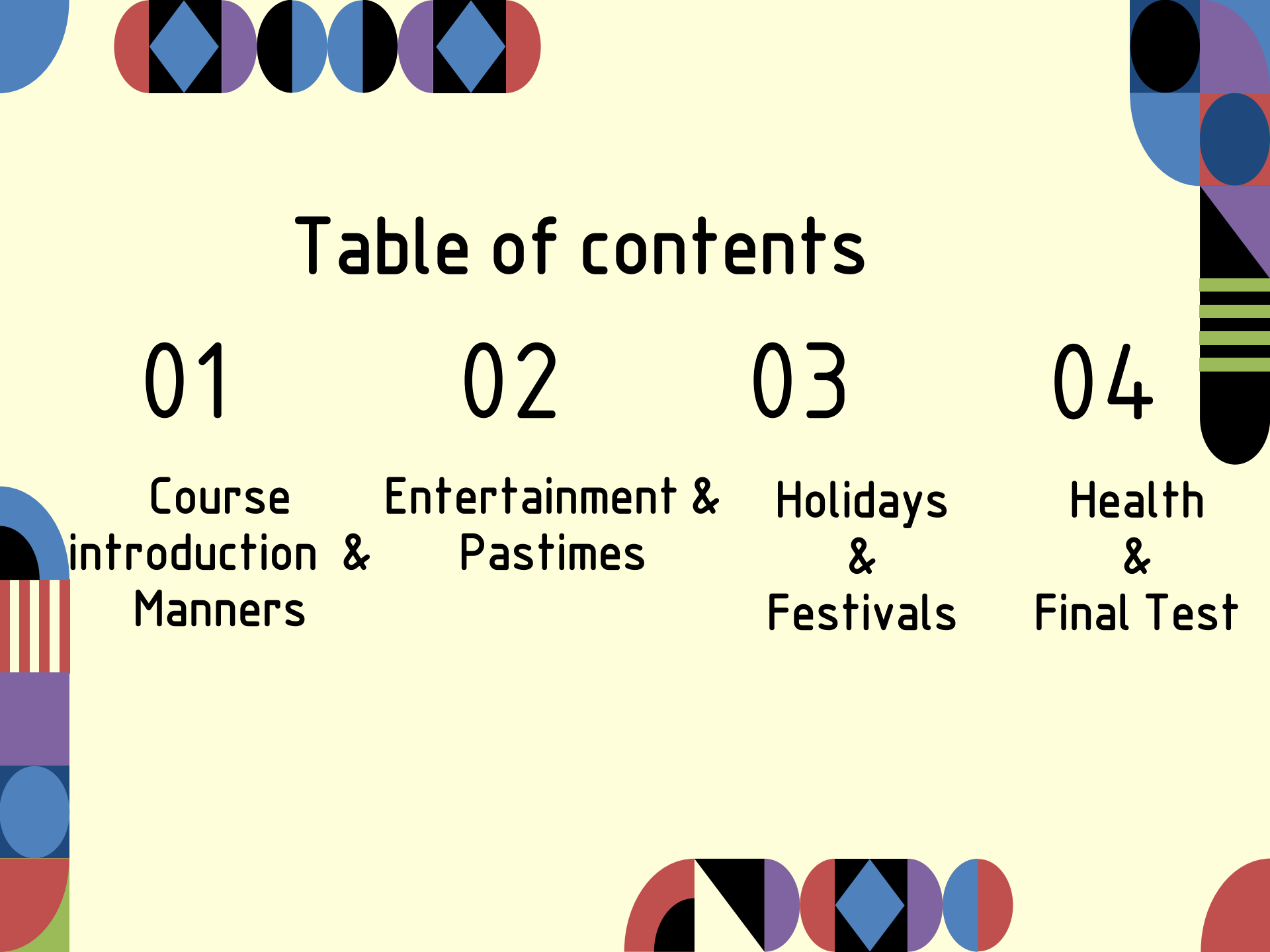
# Progress scores: 30%

| Attendance<br>( 10% )  | PARTICIPATION IN<br>CLASS  | Mid-term test<br>(90% )  | Total<br>( 100% ) |
|--|--|--|-------------------|
| <ul style="list-style-type: none"><li>• 1 day absent :<br/>- <b>1.0 mark</b></li><li>• 2 days absent:<br/>- <b>2.0 marks</b></li><li>• SBD-FULL NAME-<br/>CLASS<br/>( <b>01-Nguyễn Văn A-DN7</b>) and then send to<br/>in-call message</li></ul> | <ul style="list-style-type: none"><li>- For additional<br/>marks</li></ul> | <ul style="list-style-type: none"><li>• choose one of the 5<br/>topics, then record<br/>your answers and<br/>send to THE LINK:</li></ul> | <b>10</b>         |



# Final test: 70%

- Candidates take final test in the fourth meeting. The candidates choose one of the 5 topics, then record their your answers and send to THE LINK.
- Candidates must talk more than 1 minute.



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introduction &  
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&  
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&  
Final Test

**Get to know**  
10 students/ 10 minutes



Hello everyone. My name's \_\_\_\_\_.  
You can call me \_\_\_\_\_. I'm  
\_\_\_\_\_ years old. Right now I am  
living in \_\_\_\_\_. There  
are \_\_\_\_\_ people in my family.  
My \_\_\_\_\_ and me. Now I would  
like to talk about my likes and  
dislikes. I like (color) \_\_\_\_\_ but I  
hate \_\_\_\_\_. I love (food) \_\_\_\_\_ but I  
can't stand \_\_\_\_\_. In my freetime, I  
\_\_\_\_\_ & \_\_\_\_\_. I joined this course  
because \_\_\_\_\_. That's all for now.  
Thank you for listening.



01

MANNERS





Theme 1

# **MANNERS: PSYCHOLOGY AND SOCIOLOGY**



Speaking 2 with Ms. THANH HIỀN



**Personality**  
Vocabulary.

**Personality**  
vs behavior

**Goals**

**A person you**  
admire.

Speaking  
2

# Practice





Complete the conversation with a suitable word: (CD1-Track 42)

**Personality (x2), own, similar, change, depends, influences, completely**

1 A: Do you like being on your .....?

B: It ..... Sometimes I like being with other people.

2 A: Is ..... the same as behaviour?

B: Well, I think it ..... behaviour.

3 A: What is .....?

B: I think it's ..... behaviour.

4 A: Can people ..... their behaviour?

B: Yes, but they can't change .....



**Psychology**

/sai'kɒlədʒi/

**Sociology**

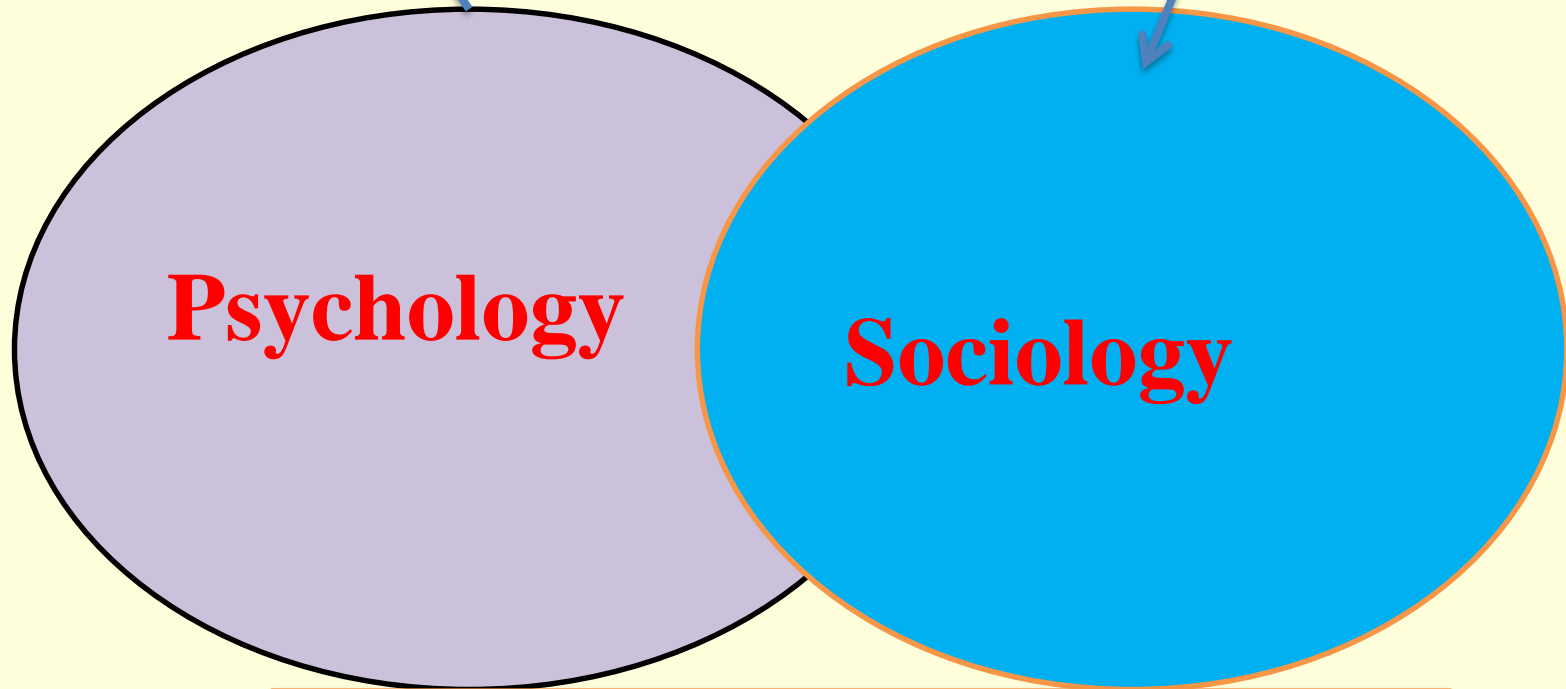
/,səʊsi'ɒlədʒi/

**Psychology** is the science of behavior and mind. **Psychology includes** the study of conscious and unconscious phenomena, as well as feeling and thought.

**Sociology** is the study of society, patterns of social relationships, social interaction and culture of everyday life.

- Predict individual behavior
- Personal identify

- Group identify
- Predicts group behavior



**Both predict human  
behavior**

# Answer the questions

1. Are you an **optimistic** or **pessimistic** person ?

Explain your opinion ?

2. What activity can improve your mood?



To be honest, I'm an optimistic person. I always smile and make everyone around me laugh a lot. When I have difficulties in my life, I always think that good things are likely to happen. Sometimes I can overcome the problems, I consider they are practical lessons for my life.

# PERSONALITIES

I'm Hiền. I'm  
smart, creative  
and respectful.



# MANNER

## Personality VS Behavior

# Listen and mark the stress on these words

Be'havior

'friendly

'Changes

Im'portant

Com'pletely

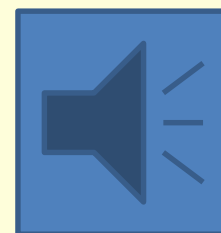
'influences

De'pend

Perso'nality

'Difference

Situ'ation





# Personality vs Behavior

Student 1: I think behaviour and personality are the same thing. You can say 'He is a very happy person' or you can say 'He smiles a lot', and it's the same thing. There is no difference between personality and behaviour ... I think ...

**The same  
or  
different?**

Student 2: Well, I read that behaviour and personality are two completely different things. Behaviour changes depending on your situation. But your personality is always the same. You like some things but you don't like other things.

**Which is  
more  
important?**

Student 3: But I found an article. It says ... um ... I've got a quote here. 'Personality influences behaviour. An aggressive person acts in one way in a situation. In the same situation, a friendly person acts in a different way.' So your personality is more important. What do you think?

Student 4: OK, but, no, I think your behaviour is much more important, because you learn good behaviour when you're a child. But your personality changes all the time. Your personality depends on your friends, the places you go, and so on.

# THEME 1

# PSYCHOLOGY AND SOCIOLOGY

- PART 1 -**

- Confirmation**

- Details**

1. How would you describe yourself?
2. In which ways are you similar to your friends?
3. Are you similar to or different from your brother/sister/father/mother?
4. What do you think a true friend should be like?
5. When do you like being your own?
6. When do you like being with others?
7. Can people change their behaviour or personality?
8. Can you list some good behaviour of students in schools?
9. Can you list some bad behaviour of students in schools?
10. What can you do to improve your behaviour?



Speaking 2 with  
Ms. Hiền

## Part 2

**Describe a person you admire.**

*You should say:*


- **who the person is.**
- **what he or she is like.**
- **what he or she did.**

**and why you admire him or her.**

## Useful words:

- Crucial role (n): Vai trò đặc biệt quan trọng
- Kind-hearted (adj): Ấm áp (tính cách)
- Nuclear family (n): Gia đình hạt nhân (bao gồm bố mẹ và con cái)
- Look on the bright side (v): Lạc quan
- Responsible citizen (n): Công dân có trách nhiệm
- Determination (n): Sự quyết tâm, kiên định
- Strong-willed (adj): Ý chí mạnh mẽ

# SAMPLE ANSWER




**Introduction:** (WHO) Wow, I would like to talk about the person who I admire. That is my mother, who plays a crucial role in my life. She is not just my mom, she is also my idol, my best friend and also my consultant.

**Body:**


(WHAT) I adore her because she is such a **kind-hearted, caring and loving** person in the family.

# SAMPLE ANSWER



(WHAT) As you know, I live in a nuclear family with four members, my parents, my little brother and me; therefore, my mom will have more time to **look after** each member more carefully, both in terms of physical health and emotions. Honestly, she is the one I can **share everything** without any hesitation. Whenever I have any problems or sadness or happiness, mom is always the first person that I talk to. She always **cheers me up, gives me pieces of valuable** advice and **encourage me** to look on the bright side every time I feel depressed.

# SAMPLE ANSWER



Moreover, my mom is also a responsible citizen and she **fulfills her duty** at work very well. I guess there must be pressure at her workplace and I know that she has to **work really hard to support the whole family** but I can hardly hear her complain.

(WHY) Her **determination** and **strong-willed** characteristics have set a good example for me and that is also the thing that I have to remind myself so that I can be such a wonderful person like her.

**Conclusion:** So, basically, that's all about my mother.



**Homework:** Answer the following long-turn talk topics. You should talk more than 1 minute.

**1. Describe a family member who you really admire. You should say:**

What their relationship is to you;

What they have done in their life;

What they do now.

And explain why you admire them so much.

**2. Describe a famous person you would like to meet.**

**You should say:**

Who is he/she

Why do you want to meet him/her

Why he is famous

and explain what would you do if you meet him/her.



The page features decorative geometric patterns in the corners. The top-right corner contains a cluster of shapes including a blue circle with a purple triangle, a red triangle, a black and white striped rectangle, a blue and green striped rectangle, a red diamond, a red circle with a purple triangle, a black circle with a purple triangle, a red rectangle, a black and white striped rectangle, and a blue triangle. The bottom-left corner contains a black circle with a blue triangle, a blue and green striped rectangle, a red diamond, a blue rectangle with white horizontal stripes, and a black rectangle with a purple triangle. The bottom-right corner contains a red circle with a blue triangle.

# 02 Entertainment & pastimes



YOU ARE  
*here to*  
SHINE



Be  
Positive  
and  
Enthusiastic

You can be positive without being enthusiastic,  
but enthusiasm is an effective tool.

Spencer W. Kimball

# THEME 2: ENTERTAINMENT & PASTIMES

Positive feelings

Negative feelings

Indifference

*lack of interest*

a I'm keen on photography.

Positive feelings

b I can't stand board games.

Negative feelings

c I'm crazy about computer games.

Positive feelings

d I don't mind cooking.

Indifference

Positive feelings

*extremely interested in sth.*

e I'm fanatical about playing cards. \_\_\_\_\_

f Going to the theatre? I can take it or leave it. \_\_\_\_\_

Indifference

g Going to gigs is not my kind of thing.

Negative feelings

*a single performance  
by a musician*





# EXPRESSING LIKES AND DISLIKES

## **EXPRESSING LIKES**

- I like...
- I love...
- I enjoy...
- I adore...
- I'm crazy about...
- I'm mad about...
- I enjoy...
- I'm keen on...
- I'm really into...
- I live for...
- ... is my thing
- I'm fond of...



## **EXPRESSING DISLIKES**

- I don't like...
- I dislike...
- I hate...
- I abhor...
- I can't bear...
- I can't stand...
- I detest...
- I loathe...
- I can't stand
- I don't really care for...
- I'm not into...
- I'm not a huge fan of...



# THEME 2: ENTERTAINMENT & PASTIMES

## Positive feelings

camping  
entertaining  
watching TV

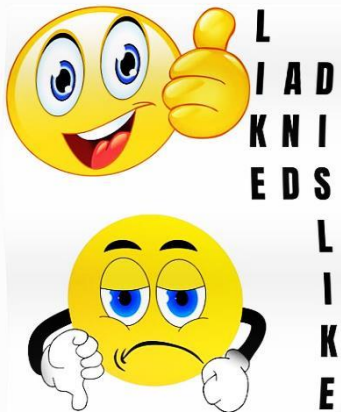
## Negative feelings

eating out  
going for walks

fishing  
listening to music

## Indifference

creating Tiktok/Facebook videos  
drawing



## EXPRESSING LIKES AND DISLIKES

### EXPRESSING LIKES

- I like...
- I love...
- I enjoy...
- I adore...
- I'm crazy about...
- I'm mad about...
- I enjoy...
- I'm keen on...
- I'm really into...
- I live for...
- ... is my thing
- I'm fond of...



### EXPRESSING DISLIKES

- I don't like...
- I dislike...
- I hate...
- I abhor...
- I can't bear...
- I can't stand...
- I detest...
- I loathe...
- I can't stand
- I don't really care for...
- I'm not into...
- I'm not a huge fan of...



## THEME 2: ENTERTAINMENT & PASTIMES

### Reading

*A really exciting book*

about character opening page-turner set

The novel I'm reading at the moment is *a real* (1) \_\_\_\_\_. I just can't put it down. It's (2) \_\_\_\_\_ *in* Renaissance Italy and is (3) \_\_\_\_\_ young women who are forced to become nuns because they've brought shame on their families for various reasons. In *the* (4) \_\_\_\_\_ *chapters*, for example, a (5) \_\_\_\_\_ falls in love with her music teacher and the family don't approve.



## THEME 2: ENTERTAINMENT & PASTIMES

### Music

charts   concert   gigs   live   lyrics   taken up   tunes

I've just (1) \_\_\_\_\_ *the piano*. It was after a (2) \_\_\_\_\_ I went to that inspired me because the pianist was so talented. I love (3) \_\_\_\_\_ *performances*, though usually I'm more into (4) \_\_\_\_\_. I went to see my favourite band the other week, actually. What I like about them is their *thoughtful* (5) \_\_\_\_\_ and *catchy* (6) \_\_\_\_\_. Of course, the band write their own music unlike the manufactured groups you see so much these days. They always *reach the top of the* (7) \_\_\_\_\_ but I think it's more down to marketing than talent.

## THEME 2: ENTERTAINMENT & PASTIMES

### Film

*admiring*   Romantic comedy

*Having a lot of famous people in*

genre   predictable   rave   rom-com   slow-moving   star-studded

When it comes to film, my favourite (1) \_\_\_\_\_ is comedy. I went to see a (2) \_\_\_\_\_ last night, and it was so hilarious. It was well acted – well, it was a (3) \_\_\_\_\_ cast so that's not surprising. And it was so touching. Last weekend, my friends made me go and see a horror film with them. It was terrible, not scary at all. It was a (4) \_\_\_\_\_ plot and the ending was so (5) \_\_\_\_\_. My friends had wanted to see it for ages because it's getting (6) \_\_\_\_\_ reviews so they were really disappointed.

# THEME 2: ENTERTAINMENT & PASTIMES

Every single day

Twice a year

Every Tuesday

Vocabulary  
Frequency

Several times a year

Once a fortnight

*Every two weeks*

Every other day

*Every second day*

Using phrases rather than just  
single words to express frequency  
will impress the examiner.

*I go to the theatre **about three times a year.***

## Part 1

### Hobbies in general:

1. What are your hobbies?
2. How have your hobbies changed in the last 5 years?
3. What hobbies would you like to try in the future?

### Reading

4. Do you think it's important to read novels and poetry? Why?
5. Why do some people like reading?

### Film

6. What's your favorite type of film?
7. Do you prefer foreign films to Vietnamese films? Why?
8. Is going to the cinema to see a movie popular in your country?

### Music

9. What kind of music do you enjoy listening to? Why?
10. Do you think older and younger generations prefer different types of music?

## Part 2



**Describe a hobby you enjoy.**

*You should say:*

- How long you have been doing it
- How often you do it
- What benefits you get from it

**and explain why you enjoy it.**

# New words

- **encourage: khích lệ**
- **unwind: giải trí**
- **muscle: cơ bắp**
- **intense practice: tập luyện cường độ cao.**
- **a well-shaped body: một cơ thể đẹp**
- **enhance: tăng, cải thiện**
- **depression: trầm cảm**
- **stress: áp lực**
- **cup of tea (idiom): sở thích**
- **different backgrounds and social classes: xuất thân và tầng lớp xã hội khác nhau**
- **take up a hobby: bắt đầu một thú vui**
- **physical health: sức khỏe thể chất**
- **mental health: sức khỏe tinh thần**
- **stable: ổn định**
- **positive: tích cực**
- **passion: đam mê**



# Sample answer

**Introduction:** Let me tell you about a pastime activity that I enjoy the most.

**Body:**


- **(How long)**- It is going to the gym which I have been doing for 2 years. I started it because I have a friend who is a professional gymnast. It was him who encouraged me to try it and thanks to him I can have a nice body like now.
- **(How often)**- I always reach the gym near my office everyday after work because it is the time I am free and also the time I need to unwind after stressful hours at work. However, on Sunday, I take a day off because my body needs to rest and my muscles need to recover from intense practice.



# Sample answer

- **(Benefits)**- In terms of the benefit I receive from this hobby, I would say it is the best way to gain a well-shaped body. Besides, it gives me a chance to enhance my physical health as well as to avoid some mental issues like depression or stress.
- **(Why)**- There are even more reasons for me to love this pastime activity. Firstly, for sure it gives me good physical health and a nice body. Secondly, at the gym, I have an opportunity to make friends with those who share the same cup of tea with me, who come from different backgrounds and social classes. Third, since I took up the gym, my mental health has been more stable and I see life on a more positive side.

**Conclusion:** Those are the reasons why I choose working out at the gym as my hobby. I hope I will still have a passion for it for a long time.



0

3

# Holidays & Festivals



# FESTIVALS

**Words about  
festivals**

Showing  
understanding:  
**echo+ comment/  
question**

The right thing to  
say

**Goals**

Some popular  
festivals in the world  
and in Vietnam

Speaking  
2





**What festival is it ?**

**Where is the festival ?**

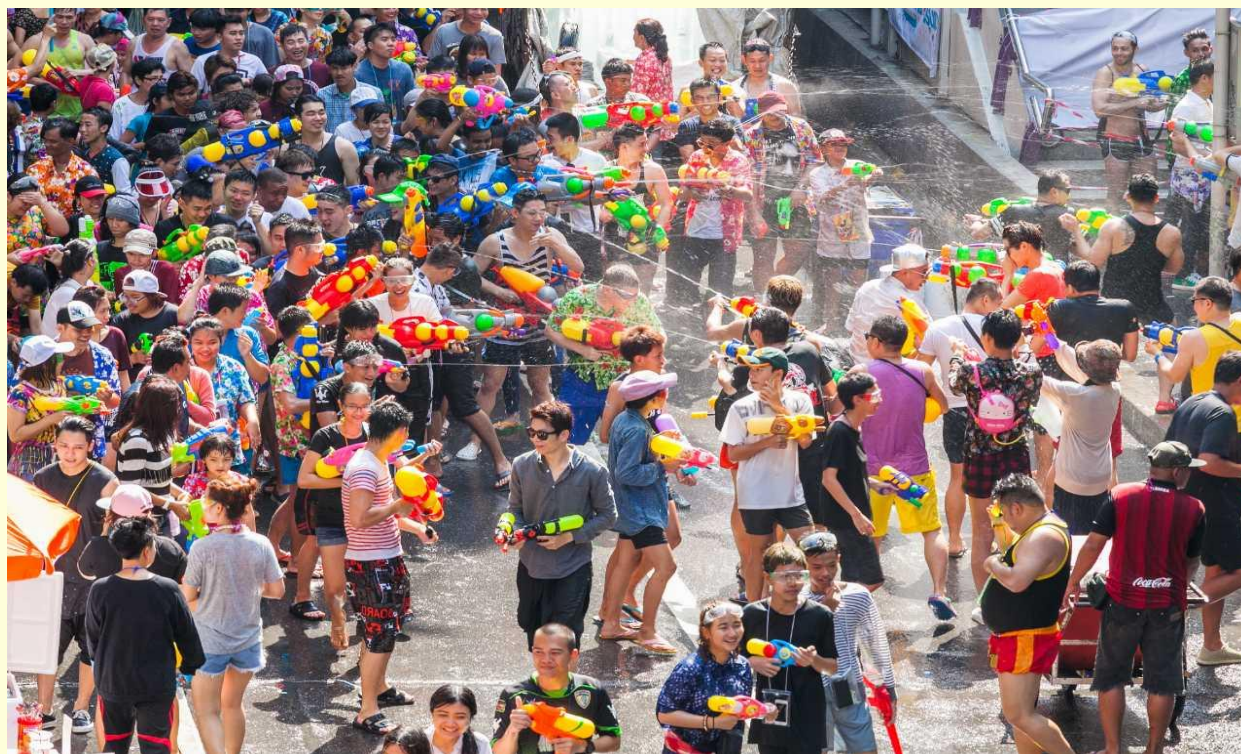


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## Reviewing Vocabulary.

|                   |               |                    |
|-------------------|---------------|--------------------|
| Ritual (n)        | /'ritʃʊəl/    | ngghi lễ, trình tự |
| Traditional (adj) | /trə'diʃənəl/ | theo truyền thống  |
| Symbol (n)        | /'simbl/      | biểu tượng         |
| Modern (adj)      | /'mɒdn/       | hiện đại           |
| Event (n)         | /i'vent/      | sự kiện            |
| Bonfire           | /'bɒnfaiə[r]/ | đám lửa làm lễ     |
| Wreath            | /ri:θ/        | vòng hoa           |
| Evil              | /'i:vl/       | xấu, ác            |

|              |                |                     |
|--------------|----------------|---------------------|
| Origin (n)   | /'ɒrɪdʒɪn/     | gốc, nguồn gốc      |
| Adult (n)    | /ə'dʌlt/       | người trưởng thành  |
| Official (n) | /ə'fɪʃl/       | chính thức          |
| To celebrate | /'selɪbreɪt/   | làm lễ kỷ niệm      |
| Celebration  | /,selɪ'breɪʃn/ |                     |
| Death (n)    | /deθ/          | cái chết            |
| Marriage (n) | /'mæɪrɪdʒ/     | hôn nhân            |
| Light (n)    | /laɪt/         | nguồn ánh sáng, đèn |
| To wear      | /weə[r]/       | mang, mặc, đội      |

**Look at the words on the right. Which words can you hear?**

Level 2.CD1.Track10



**Ritual**

**Traditional**

**Symbol**

**Modern**

**Event**

**Origin**

**Adult**

**Official**

**Celebrate**

**Death**

**Marriage**

**Light**

**Wear**



1. What are people in the photograph celebrating?
2. What traditional items can you see?
3. What's going to happen next ?

Is your birthday important to you?



**Tell your partner about special days in the year in your country.**

**Teachers' day** is a special day. **Nov 20<sup>th</sup>** is *memorable/unforgettable* because *VietNameese people very respect their teachers / it's a National Day.*

Independence Day

Mid-year festival

Vietnamese  
Women's Day



## Why are traditional festivals important for people?

- They make social groups stronger
- They can provide fun relaxation, an enjoyable event to look forward to.
- They are an opportunity to meet others & to socialize
- They are ways of passing on social traditions & knowledge to the younger generation.

# Showing understanding

When a person gives us some new information, we must show that we understand. We can do this by **echoing** important words. We often add **a question** or **a comment**

**A:** Originally it was in **September**, not July .

**B:** **In September ?** Did they change it ?



**Or B:** **In September ?** Why did they change it ?



**Or B:** **In September ?** That's amazing



## PRACTICE

A: My cousin got married last week.

B: Your cousin ? Did you go?

A: I got a present today.

B: That is not interesting for me.

A: I'm taking my exam tomorrow.

B: Tomorrow? Are you going to pass ?

## Complete the sentences. Then ask and answer the questions

Why Who Where When How many Which What

- |    |  |
|----|--|
| 1. | is the origin of the name of your country ?                                  |
| 2. | do most people live in your country - in the countryside or in the big city? |
| 3. | do you eat the biggest meal- at midday or in the evening?                    |
| 4. | is the leader of your country ?  |
| 5. | days in the year are holidays?   |
| 6. | days a week do children go to school ?                                       |
| 7. | do people enjoy festivals ?  |

**Your partner is going to talk about a festival. Make questions to ask him/her, using the suggestion ?**

**Name ?**

**When ?**

**Activities  
?**

**Clothes ?**

**Who for  
?**

**Important ?**

**Meaning  
?**

# TALKING ABOUT A FESTIVAL

**Match questions.**

1. Name?
2. Place?
3. Origin?
4. Clothes
5. Who for?
6. Important?
7. Events on the day?

**What's it called?**

**Who is it for?**

**When (How) did it start?**

**What happens on that day?**

**Why is the occasion important?**

**Do the people wear special clothes?**

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### THEME 3 : HOLIDAYS & FESTIVAL

## TALKING ABOUT A VIETNAMESE FESTIVAL

### Key words / Structures.

- |                       |   |
|-----------------------|---|
| 1. Name?              | ... be held/take place in (place) on (time)...          |
| 2. Place?             | ... in honor of ...                                     |
| 3. Origin?            | ... are celebrated as important parts of                |
| 4. Clothes            | <u>Vietnam's</u> tradition.                             |
| 5. Who for?           | ...commemorate sth...                                   |
| 6. Important?         | Popular customs of this festival include ...            |
| 7. Events on the day? | The festival offers an opportunity for Vietnamese to... |

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## Are there any differences between a festival and a holiday?

### A festival

A special day or period, usually in memory of a religious event, with its own social activities, food, or ceremonies.

### A holiday

A time when someone does not go to work or school but is free to do what they want such as travel or relax.

Ex: April 30 is a national \_\_\_\_\_ in the VN.

Each year, a \_\_\_\_\_ was held to celebrate the harvest.

**Part 1**

1. Is your birthday important to you?
2. Have you ever received a gift on your birthday?
3. What is the best birthday gift you have ever received?
4. Are there any differences between a festival and a holiday?
5. What festival is the most exciting in your country?
6. Do you like Tet holiday?
7. Do you do something different during Tet holiday?
8. Can you list some festivals and public holidays in Vietnam?
9. Do you like mid-autumn festival?
10. What do people often do on the Teachers' Day?

## Part 2

**Describe a festival in your country.**

*You should say:*

- when it takes place
  - why it takes place
  - what the people do during this festival
- and explain why this festival is important to you.**

## Part 2

**Describe holiday in your country.**

*You should say:*

- when it takes place
- why it takes place
- what the people do during this festival

**and explain why this holiday is important to you.**

# New words

1. Take place (Diễn ra): Xảy ra, tổ chức.
2. The lunar calendar (Âm lịch): Lịch dương.
3. Be beautifully decorated (Được trang trí đẹp mắt): Được trang trí tinh tế, đẹp mắt.
4. Ornaments (Trang trí, đồ trang sức): Đồ trang trí.
5. Traditional symbols (Biểu tượng truyền thống): Các biểu tượng mang tính truyền thống.
6. The peach blossom tree (Cây hoa đào): Cây hoa đào.
7. Prosperity (Thịnh vượng, phồn vinh): Sự thịnh vượng, giàu có.
8. Get rid of bad luck (Loại bỏ điều xui xẻo): Loại bỏ những điều không may, xui xẻo.
9. A wide variety of (Một loạt các, nhiều loại): Nhiều sự đa dạng, đủ loại.
10. Symbolic meanings (Ý nghĩa biểu tượng): Những ý nghĩa mang tính biểu tượng.



# New words

11. Blessings (Lời chúc phúc): Những lời chúc phúc.
12. Red envelopes (Phong bì đỏ): Phong bì màu đỏ.
13. Reuniting with family (Đoàn tụ gia đình): Tụ tập, đoàn tụ với gia đình.
14. Honoring ancestors (Tưởng nhớ tổ tiên): Tôn kính tổ tiên.
15. Strengthening bonds (Củng cố tình đoàn kết): Củng cố mối quan hệ, tình đoàn kết.
16. The festive atmosphere (Bầu không khí vui tươi, phấn khởi): Bầu không khí náo nhiệt, vui vẻ.
17. The joyful reunions (Cuộc đoàn tụ vui vẻ): Những cuộc đoàn tụ vui vẻ.
18. Gratitude (Sự biết ơn): Sự biết ơn, lòng biết ơn.
19. A sense of cultural pride and unity (Sự tự hào văn hóa và đoàn kết): Sự tự hào văn hóa và sự đoàn kết.

# Sample answer

**Introduction:** So, let me tell you about an amazing festival in my country called Tết. Tết is the Vietnamese New Year, and it's one of the most significant and vibrant celebrations in Vietnam.

**Body:**

- **(WHEN & WHY)-** Tết usually takes place in late January or early February, following the lunar calendar. The festival lasts for several days, and it's celebrated by Vietnamese people all around the world. Families gather together, and the atmosphere is filled with joy and excitement.
- **(WHAT PEOPLE DO)-** During Tết, streets and houses are beautifully decorated with colorful flowers, ornaments, and traditional symbols. One of the most iconic decorations is the peach blossom tree, which symbolizes growth and prosperity. People also clean their houses thoroughly to get rid of bad luck from the previous year.

# Sample answer

- **(WHAT PEOPLE DO)-** One of the highlights of Tết is the traditional food. Families prepare a wide variety of delicious dishes, including sticky rice cake, spring rolls, and sticky rice. These dishes have symbolic meanings and are believed to bring good luck and blessings for the upcoming year.
- **(WHAT PEOPLE DO)** Another important aspect of Tết is visiting relatives and friends. People make visits to their loved ones' homes, exchange warm wishes, and give lucky money in red envelopes to children and unmarried adults. It's a time for reuniting with family, honoring ancestors, and strengthening bonds within the community.

# Sample answer

➤ **(WHY)-** The festival is so important to me and also to all Vietnamese citizens. The reason is because we get more days off from work and study, and therefore we have more time to spend with our families and our loved ones. It is also a great time to think about what we have done in the previous year, and to make plans for the upcoming year.

**Conclusion:** As for me, I absolutely love Tết! It's my favorite time of the year.

The image features a light yellow background with decorative geometric patterns in the corners. The top-right corner contains a cluster of shapes including a blue semi-circle, a purple triangle, a black rectangle with white horizontal stripes, a red triangle, a blue square with green vertical stripes, a red diamond, a red circle with a purple bottom half, a black circle with a purple bottom half, a black rectangle with white horizontal stripes, a red rectangle with black horizontal stripes, a blue triangle, and a red circle with a blue bottom half. The bottom-left corner features a blue semi-circle, a purple triangle, a black rectangle with white horizontal stripes, a red triangle, a blue square with green vertical stripes, a red diamond, a blue rectangle with white horizontal stripes, and a black rectangle with red vertical stripes. The text '04 Health' is centered in a blue serif font.

# 04 Health

# GAME: FOOD AND COUNTRIES





# GAME: FOOD AND COUNTRIES

1. I am a vegetable that is yellow. I can come in many different forms, like on the cob, or as kernels in a can. What vegetable am I?

A. Green beans

B. Broccoli

C. Chips

D. Corn (sweetcorn or maize)

# GAME: FOOD AND COUNTRIES

2. I am a common food. Most people put toppings on me like ketchup, cheese, or mustard. I can mostly be found in a lot of fast food restaurants. What am I?

- A. Burger
- B. Ice Cream
- C. Cake
- D. Salad

# GAME: FOOD AND COUNTRIES

3. I am a sweet kind of food. I come in different flavors like chocolate, vanilla, or strawberry, and many other flavors. You can also put toppings on me like chocolate syrup, chocolate chips, or anything else. What am I?

- A. Steak
- B. Apple
- C. Ice Cream
- D. Pie

# GAME: FOOD AND COUNTRIES

4. I am a fruit. I am yellow. Monkeys like to eat me and so do humans. What am I?

- A. Apple
- B. Banana
- C. Orange
- D. Grape

# GAME: FOOD AND COUNTRIES

5. I am a kind of candy. I am very common around the world. I can come in milk, dark or white, or I can even have different fillings! What am I?

A. Cookie

B. Chocolate

C. Skittles

D. None of these.

# GAME: FOOD AND COUNTRIES

6. I am a sweet snack. I can come in flavors of chocolate chip, oatmeal, sugar and more. What am I?

- A. Cookie
- B. Candy
- C. Sugar
- D. Fruit



# GAME: FOOD AND COUNTRIES

7. I am usually a salty snack. I sometimes come in bags or packets. I am brown and can be crunchy or soft. I can come in many flavors and sizes. What am I?

- A. Pretzel
- B. Cake
- C. Chips
- D. Shake



# GAME: FOOD AND COUNTRIES

8. I am a healthy snack and come in Trail Mix a lot. I am one of an elephant's favorite foods. I come from inside a shell and can be made into a spread for sandwiches. What am I?

A. Raisins

B. M&M's

C. Peanuts

D. Sunflower seeds

# GAME: FOOD AND COUNTRIES

9. I am a fast food and I am salty. I usually come with a burger. I am a finger food and made out of a potato. What am I?

- A. Fries
- B. Mustard
- C. Ketchup
- D. Soda

# GAME: FOOD AND COUNTRIES

10. A tomato is a fruit.

A. True

B. False

# Food: Countable and Uncountable Nouns

## COUNTABLES



## UNCOUNTABLES





# FOOD

## COUNTABLES



Burgers



Sandwiches



Hot dogs



Cherries



Apple



Grapes



Oranges



Olives



Watermelons



Carrots



Tomatoes



Peas



Salads



Vegetables



Pancakes



Sausages



Eggs



Potatoes



Cookies



Fries



Candies

## UNCOUNTABLES



Bread



Fruit



Juice



Meat



Rice



Cereal



Milk



Coffee



Tea



Soup



Salt



Flour



Sugar



Butter



Cheese



Honey



Water



Chocolate



Jam



Seafood



Mustard



# DRINKS



Hot chocolate



Coffee



Lemonade



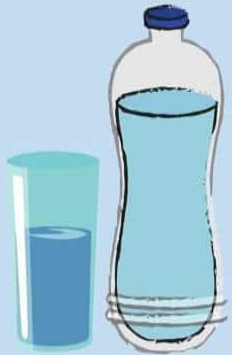
Iced tea



Juice



Milkshake



Water



Tea



Milk



Beer



Soda



Wine

# Grammar: Quantifiers with count/non-count nouns

**Count nouns** are the names of things we can count, for example, one egg and two bananas. **Non-count nouns** are the names of things we cannot count, such as cheese and water.

- **How many/ How much**

➤ Use *how many* with count nouns. Use *how much* with non-count nouns



**How many** apples do you eat a week?

**How much** tea do you drink a day?

# Grammar: Quantifiers with count/non-count nouns

## • Too many/ too much

- Use **too many/ too much** when there is more than you want or need.

You can have cookies once in a while, but don't eat **too many**.

Don't drink **too much** coffee at bedtime, or you'll never fall asleep.

## • Enough/ not enough

- Use **enough/ not enough** with both count and uncount nouns

We have **enough** food for everybody.

We don't have **enough** chairs.



chilies

A. Complete the conversations with words and phrases from the box.  
Then practice the conversations with a partner.

|            |      |          |
|------------|------|----------|
| enough     | many | too many |
| not enough | much | too much |

Eileen: Hey, that smells great. What are you cooking?

Debra: Chicken with chilies and rice. Do you want to try some?

Eileen: Sure ... Wow! That's hot! How \_\_\_\_\_ chilies did you  
put in?

Debra: Five. But they're really small. Don't you like spicy food?

Eileen: Yeah, I do, but it's too hot for me!

Anna: What do you think of the soup? It's potato and onion.

Susie: Hmm. It's OK. It seems like there is something missing, though.

Anna: Maybe I didn't put in \_\_\_\_\_  
2 salt.

Susie: And it's pretty thick, isn't it?

Anna: Yes. I think I used \_\_\_\_\_  
3 potatoes.

Muriel: How \_\_\_\_\_  
4 sugar did you put in this coffee?

Angela: One teaspoon.

Muriel: That's \_\_\_\_\_  
5 for me! I like my coffee very sweet.

Angela: Well, you shouldn't have \_\_\_\_\_  
6. You'll get fat.

**B.** Make a list of foods and drinks you like. Write *C* (count) or *N* (noncount) next to each item. Then discuss your favorite things to eat and drink with a partner. Be sure to use *much*, *many*, and *enough* correctly with count and noncount nouns.

Foods I like ...

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---

---

Drinks I like ...

---

---

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# Speaking skills: Giving advice

- The word **should**, **shouldn't**, and **ought to** are used to give advice.
  - According to Dr. O'ryan, Andy **should** drink less coffee.
  - He **shouldn't** drink a lot of soda.
  - He **ought to** eat more fish.
- You can sound more polite by starting a sentence with **perhaps**
  - **Perhaps** you **should** eat more fruit and vegetables.
- You can give stronger advice by adding **really**
  - You **really ought to** eat more fruit and vegetables.



**Speaking skills giving advice:** work with a partner. Discuss your eating and drinking habit. Take turns making true statements about your diets. After each of your partner's statements, give some advice. Using should/shouldn't/ought to. Remember to use count/ non-count nouns correctly

**Example:**

A: I probably eat too much fast food.

B: You **should** try to eat more healthily. **For example**, you **shouldn't** eat burgers and fries for lunch. Perhaps you **should** eat a salad instead.



## Part 1

1. What do you like for breakfast, lunch and dinner?
2. How many cups of coffee do you drink/ consume a day?
3. How did you choose your breakfast this morning? (based on taste or nutrition?)
4. Have you ever eaten something that tasted good, but wasn't nutritious? Why did you do that?
5. What is more important: taste or nutrition? Why?

## Part 1

6. Do you have any healthy problems? (obesity, lung disease, heart disease, diabetes, asthma, stomachache...) ?
7. What foods or drinks can affect your ability to sleep, your stomach, your heart or cause allergy?
8. What should we do to have a long and healthy life?
9. Is your lifestyle active or inactive?
10. What is your diet? Do you think that your diet is healthy or unhealthy?

## Part 2



**Describe your FAVORITE FOOD. You should say:**

- **What the food is**
- **How it is made**
- **How often you eat it**

**And explain why it is your favorite food**

# New words

1. **Stir-fry:** xào
2. **famous dish:** món ăn nổi tiếng
3. **meal:** bữa ăn
4. **visit:** tham quan
5. **main ingredients:** nguyên liệu chính
6. **ground pork:** thịt heo xay
7. **basil leaves:** lá quế
8. **spices:** gia vị
9. **chili:** ớt
10. **oyster sauce:** dầu hào
11. **add something into the food:** thêm (gia vị) vào đồ ăn
12. **get fed up with a food:** cảm thấy ngán với một món ăn nào đó
13. **in fact:** thực ra...

# Sample answer

**Introduction:** Okay so let me tell you about the food I love to eat.

**Body:**

- **(WHAT)-** It is pork stir-fried with basil. It is one of Thailand's famous dishes but very easy to make. I always eat it for the first meal whenever I visit Bangkok.
- **(HOW)-** This dish is made of two simple main ingredients: ground pork and basil leaves. Besides, we also need to use some basic spices like salt, pepper, chilies, and oyster sauce. To cook this dish, we simply need to stir-fry the pork with the mentioned spices and add basil leaves at the end. Then we turn off the fire.

# Sample answer

- **(HOW OFTEN)**- I don't eat it so often because I will get fed up with the same food every day. In fact, I only eat it once or twice a month.
- **(WHY)** It is my favorite food because first, it's easy to make. We just need normal things to make and we can find them everywhere. Second, it is simple but the taste is amazing. All my friends love it when I cook for them. Third, I eat it because it reminds me of Thailand. It is a very beautiful country with nice people.

**Conclusion:** So that's all I would like to say, thanks for your listening.



*Thank You!*

**Do you have any questions?**

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