

A rustic wooden sign with the word 'WELCOME' in white, block letters is mounted on a teal-painted wooden plank wall. The sign is made of a single piece of weathered wood with rough, torn edges. It is held in place by two small, light-colored twine knots on its top edge. Above the sign, a thin, light-colored wooden stick is tied in a V-shape, with a small dark knot at the top vertex. To the right of the sign, a vibrant red rose with green leaves is placed against the teal background. The teal paint on the wall is distressed, showing the underlying wood grain and some darker spots.

WELCOME

Reading 2

Lecturer: Le Thi Hanh, M.A





1. Tài liệu chính:

[1] Haugnes, N. & Maher, B. (2009). *Northstar 2- Reading and Writing: Students' book*. Longman: Pearson.

- Tài liệu tham khảo:

[2] Falla, T. & Davies, P. A. (2008). *Intermediate Solutions: Students' book*. Oxford: OUP.

[3] Burgmeier, A. (2009). *Inside Reading 1*. Oxford, UK: Oxford University Press.

[4] Wilson, J. J., & Clare, A. (2006). *Intermediate Total English: Student's book*.

[5] Zwier, L J. (2009). *Inside Reading 2*. Oxford, UK: Oxford University Press. Harlow: Pearson.



Tài liệu tham khảo:

[6] Website for PET practice tests:

- a. <http://www.flo-joe.co.uk/pet/students/tests/>
- b. http://www.examenglish.com/PET/pet_listening.html.
- c. <http://www.englishclub.com>
- d. <http://www.bbc.co.uk>
- e. <http://www.voanews>

1. Self – study(the first 04 sessions)
2. Google meeting(the last 04 sessions)



Đánh giá kết quả học tập

Final Test

TỰ LUẬN (Ngày 11/03)

✓ SCHEDULE

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7

DAY 8



UNIT 5

WE ARE WHAT WE Eat



READING ONE A NEW FISH IN TOWN

VOCABULARY

Farm News

May 15, 2013

Hello everyone. Thomas O'Neill here again. It's a difficult year for farming. Last month, I wrote about the weather problems. Last week, I told you about the annoying **weeds** that grow everywhere. This week's problem starts with the **insects**. You name them, we have them. They eat the leaves and the fruit of many of my plants.



Wheat field

You all know that I grow wheat and other **grains**, right? Well, last year, insects ate half of my wheat. It's a big problem. This year, Wallace Simpson, one of my workers, wants to kill them with "Insect-Be-Gone." I am not going to **approve** "Insect-Be-Gone" to be used on my farm. I don't like to use any chemicals. I'm afraid that if the insects all die, the birds (that eat the insects) might not have enough food. If the bird **population** goes down, animals that eat the birds will have problems. Killing all the insects might break the **food chain**. One little change (killing all the wheat-eating insects) could create other larger changes down the chain.

Some of my neighbors are excited about a new GMO¹ wheat that scientists just created. It has extra vitamins, and insects won't eat it. It's a special kind of wheat that **resists** the insects. I understand the **benefits** of this wheat, but I'm worried about the problems it might cause. Nature is very **complex**. If you change something here, many things may change there. I am definitely not going to try





2 Match the words on the left with the definitions on the right.

- | | |
|--------------------|---|
| <u>h</u> 1. resist | a. to say it is OK; to allow people to do it |
| ___ 2. weed | b. very small animal, for example an ant or a bee |
| ___ 3. benefit | c. not simple |
| ___ 4. complex | d. positive result |
| ___ 5. insect | e. natural world; area around us |
| ___ 6. population | f. group of plants and animals that rely on each other for food; for example, large birds eat snakes, snakes eat rabbits, rabbits eat grass |
| ___ 7. environment | g. plant grown for food, for example, rice, wheat and barley |
| ___ 8. approve | h. to fight against, to not get harmed by |
| ___ 9. food chain | i. the number of members of a group |
| ___ 10. grain | j. wild plant that people don't want in their farms or gardens |

PREVIEW

Read the title of the article and look at the photos. How can a fish be “new”? Why is it different from other fish? Check (✓) three statements that you think are true about the “new fish” in the article.

- _____ a. It eats more than other fish.
- _____ b. It grows faster than other fish.
- _____ c. It is made by scientists.
- _____ d. It was just discovered.
- _____ e. It tastes better than other fish.



A NEW FISH IN TOWN



Atlantic salmon swimming upstream

1 A new kind of salmon might arrive at your market soon. Why is this fish special? AquAdvantage salmon grows twice as fast as other salmon because it is a GMO, or a genetically modified organism.

2 GMOs are plants or animals that contain DNA¹ from other types of plants or animals. Scientists put DNA from two other types of fish into the DNA of a regular salmon. The result is an AquAdvantage salmon that becomes full-grown in 18 months, instead of three years. AquAdvantage salmon tastes and looks just like regular salmon. For salmon farmers, the **benefits** are clear: They

can sell their fish more quickly. And for a hungry world **population**, more salmon means cheaper salmon and better health for many people.

3 If the U.S. government **approves** AquAdvantage salmon, it will be the first GMO fish in U.S. supermarkets. But Americans have been eating GMO vegetables and



Scientist examining DNA model



MAIN IDEAS

- 1 Look again at the Preview on page 110. How did your predictions help you understand the article?
- 2 Each statement tells the main idea of a paragraph in "A New Fish in Town." Read a statement, then write the correct paragraph number next to it.

	Paragraph
a. Rules about GMOs are different in different countries.	_____
b. GMO salmon might be available soon in the United States.	_____
c. Americans have been eating GMO vegetables and grains for a long time.	_____
d. GMOs can solve a lot of problems, but we don't know if they will create more problems in the future.	_____
e. GMO corn has created two problems for the environment.	_____
f. GMOs are created to solve many different problems.	_____
g. GMOs contain DNA from other species. They have many benefits.	_____
h. GMO corn is an example of a GMO with both benefits and problems.	_____



3

Check (✓) the statement that best describes the main idea of the whole article.

- _____ a. AquaAdvantage salmon might solve many of the world's problems.
- _____ b. Most of the world does not allow GMOs, but the United States allows many GMO fruits, vegetables, grains, and now meats.
- _____ c. GMOs, including the new AquaAdvantage salmon, have a lot of benefits, but they also create problems that we cannot predict.



MAKE INFERENCES

INFERRING FACTS

An **inference** is an educated guess about something that is not directly stated in the text. Sometimes it is possible for readers to **infer facts** from a text even when these facts are not directly stated.

Look at the example and read the explanation.

- “And for a hungry world population, more salmon means cheaper salmon and better health for many people.” (*paragraph 2*)

Which fact can you infer from this text?

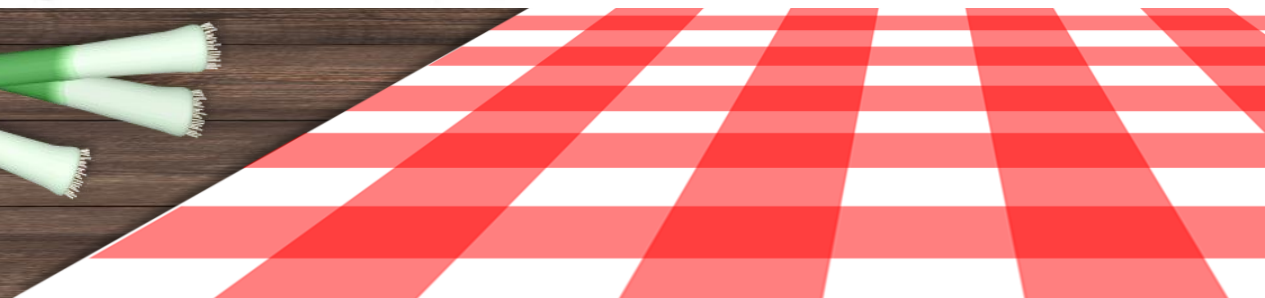
- a. AquAdvantage fish are healthier to eat than other fish.
- b. Salmon is a very healthy food.
(*The correct answer is b.*)

If salmon is cheaper, more people will be able to buy and eat it. The text says this will result in better health for many people. So we can **infer** that salmon is a healthy food.



Read each quote from the reading. Which fact can you infer from it? Circle the correct answer.

1. "If the U.S. government approves AquAdvantage salmon, it will be the first GMO fish in U.S. supermarkets. But Americans have been eating GMO vegetables and grains for almost 20 years." (*paragraph 3*)
 - a. Most Americans don't care or don't know that they are eating GMOs.
 - b. Since GMO vegetables are safe, GMO fish is probably safe, too.
2. "The butterfly population is 80% lower in these areas than it was 20 years ago. Herbicides kill a wild plant called milkweed, and butterflies need milkweed to live. So the GMO corn is changing the whole food chain in these areas." (*paragraph 7*)
 - a. GMO corn kills butterflies.
 - b. GMO corn changes the environment in a negative way in the areas where it grows.
3. "The AquAdvantage company tells us that the new fish will not create any problems for the environment. But can we believe them? Monsanto, the company that created GMO corn, did not predict any problems from GMO corn 20 years ago either." (*paragraph 8*)
 - a. The AquAdvantage company does not know if the new fish will create problems.
 - b. AquAdvantage is a more honest company than Monsanto.



EXPRESS OPINIONS

Discuss the questions with a partner. Give your opinions. Then share your answers with the class.

1. If you see AquAdvantage salmon in the market, will you buy it? Why or why not?
2. Do you think that GMOs are a good idea? Why or why not?
3. If countries say no to GMOs, what are some of the other ways to help farmers create more food with the same amount of land and work?



READING TWO MAKING SENSE OF THE AMERICAN DIET

READ

- 1** Look at the boldfaced words in the reading and think about the questions.
 1. Which words do you know the meaning of?
 2. Can you use any of the words in a sentence?
- 2** **TravelingTipsForYou** is a website that posts tips for travelers to various countries. Read this page to help travelers to the United States understand all the food choices in that country.



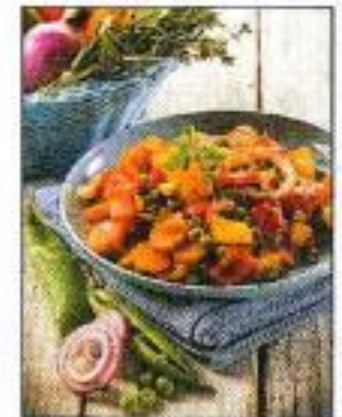
TRAVELING TIPS FOR YOU

Making Sense of the American Diet

- 1 Hamburgers and french fries are known all over the world as “typical American food.” But when you travel in the United States, you will see that Americans choose many different kinds of **diets**. As a matter of fact, many Americans spend a lot of time thinking very hard about how and what they eat. They think that the traditional American diet is bad for their health and bad for the environment. As a result, you will see many labels and descriptions of food that might seem confusing. Here is a short guide to help you understand some of the choices:



- 2 **ORGANIC** foods are grown with no pesticides¹ or herbicides. There are also no GMOs in organic food. People who choose organic foods think they are better for their health and for the environment.
- 3 **VEGETARIAN** food contains no meat. People choose a vegetarian diet for a number of reasons. Some believe that eating meat is not good for their health. Others have environmental reasons. They believe eating plants is better for the environment. Cows and other “meat” animals at the top of the food chain need lots of food, water, and energy. Carrots, beans, and potatoes, on the lower end of the food chain, need much less. Still others believe that people should not eat animals for **ethical** reasons. They believe that humans should not kill animals for any reason.



COMPREHENSION

Match the description of a person on the left with a type of diet on the right.

- | | |
|--|---------------------|
| 1. Someone who doesn't want to eat animals, but who likes milk, eats _____. | a. organic food |
| 2. Someone who doesn't want to eat animals or anything made by animals eats _____. | b. vegetarian food |
| 3. Someone who wants to lose weight eats _____. | c. vegan food |
| 4. Someone who doesn't want to eat GMOs and pesticides eats _____. | d. local food |
| 5. Someone who wants to support farmers in nearby areas eats _____. | e. low-fat food |
| 6. Someone who is allergic to wheat eats _____. | f. gluten-free food |



READING SKILL

- 1 Look at paragraph 4 of Reading Two again. What are the foods that are not allowed in a vegan diet? Underline the words.

SCANNING FOR INFORMATION

Sometimes a reader may look for a specific piece of information within the text. This is called **scanning**. To scan a text is to quickly move your eyes over the words until you find the information you are looking for.

For example:

If you want to find the foods that are not allowed in the vegan diet, you are not going to read every word of the paragraph about vegan foods. Instead, you will quickly move your eyes over the words until you find the names of foods that are not allowed.

- “**VEGAN** foods contain nothing at all from animals: no meat, no milk, no eggs, no honey, and no butter, for example. Reasons for eating a vegan diet are very similar to reasons for eating a vegetarian diet. But vegan eaters don’t think that humans should use animals for food at all.” (*paragraph 4*)

Scanning this paragraph allowed you to quickly find the information you were looking for “no meat, no milk, no eggs, no honey, and no butter.”



2 Work with a partner to answer the questions below about Reading Two.

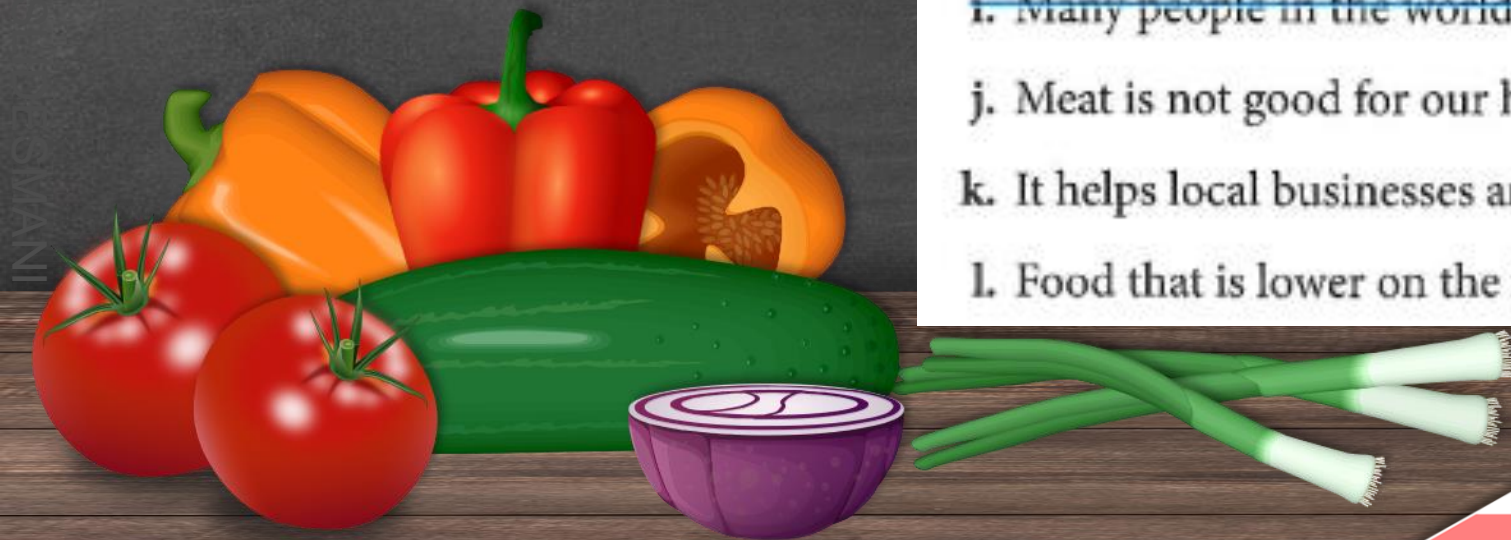
1. Scan paragraph 2 for this information: What two items make food non-organic?
2. Scan paragraph 5 for this information: To be local, food must be grown within how many miles?
3. Scan paragraph 6 for this information: Who are the people who eat low-fat foods?



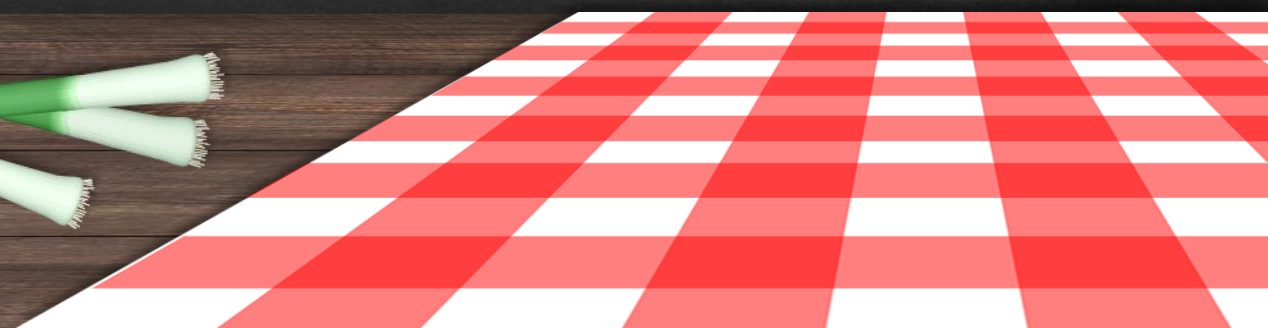
STEP 1: Organize

Read the list of statements based on Readings One (R1) and Two (R2). Then complete the chart with the appropriate statements to give reasons for eating each type of food.

- a. Food grown without pesticides and herbicides does not harm the food chain.
- b. Food grown without pesticides and herbicides is better for your body.
- c. It's fresher and tastes better.
- d. It uses less gasoline.
- e. Americans have a lot of heart disease and are often overweight.
- f. People who have allergies get sick if they eat gluten.
- g. Farmers can grow more on less land.
- h. People should not kill animals.
- ~~i. Many people in the world are hungry and do not have enough food.~~
- j. Meat is not good for our health.
- k. It helps local businesses and farms.
- l. Food that is lower on the food chain uses less water, land, and energy.



TYPE OF FOOD	REASON IT IS GOOD FOR THE ENVIRONMENT	REASON IT IS GOOD FOR HEALTH	OTHER REASONS IT IS GOOD TO GROW OR EAT
1. GMO	X	<u> i </u>	<u> </u>
2. ORGANIC	<u> </u>	<u> </u>	X
3. VEGETARIAN / VEGAN	<u> </u>	<u> </u>	<u> </u>
4. LOW-FAT	X	<u> </u>	X
5. LOCAL	<u> </u>	X	<u> </u> , <u> </u>
6. GLUTEN-FREE	X	<u> </u>	X



STEP 2: Synthesize

Complete the conversation in an online chat room. Use ideas from the two readings and the chart in Step 1. Then give your opinion.



Max Carter

Hello friends! I have been reading a lot about new technologies for creating GMOs. GMOs are really good for farmers and for the world. With GMOs, farmers can

_____.

GMOs also _____.

Please click [here](#) to write to the U.S. government to ask them to approve more GMOs today!





Kaia Simms

I completely disagree, Max! I think everybody should eat an organic diet. Organic food doesn't have _____. GMOs are bad for the environment. They _____



Jacob Lee

Yes. Farmers need GMO grains because they need to feed them to the animals they raise for meat. But I think eating meat is unnecessary. A vegan diet is better for the environment and for your health!

For example, _____

[your name]

[your opinion]



Thank
you