

# LEAD-IN



Where-is this man? What is this sport? What do you think this unit will be about?



# UNIT 1. A TEST OF ENDURANCE

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# Objectives



- \* **Knowledge:**

- \* - List some types of sports
- \* - List and describe some kinds of sports
- \* - Expressing motivations

- \* **Skills:**

- \* - Improve language skills: speaking and listening,
- \* - Use expressions of motivations
- \* - Describe sports
- \* - Talk about favorite sports and motivations



# Objectives

- \* **Attitude:**

- \* - Be active, excited and enthusiastic in learning.
- \* - Build a habit of using English in their careers.



# VOCABULARY

Endurance is the ability to do something difficult or stressful over a long period of time. What kinds of sports require endurance?





















# SPEAKING TOPICS

- \* 1. Can you think of other reasons that extreme athletes compete in their sports?
- \* 2. Research has shown that a large number of emergency room doctors take part in extreme sports. What do you think the reason is? Can you think of other professions that might require the personality of the extreme athlete?



# SPEAKING SKILL

- \* 1. • What are the athletes saying about their motivation for running? Explain.
- \* 2. • Which aphorism do you like best? Why?
- \* 3. • Which aphorism expresses an idea or feeling you have had? Explain.

Research the sport on the Internet or in the library. Find a picture of the sport and answer the questions

1. What do you do in this sport?
2. What is dangerous about this sport?
3. Why do people like this sport?
4. What other information can you find about this sport?





# HOMEWORK

- \* What is your favorite sport? What are your motivations?
- \* Write about it.



# THANK YOU!

<https://www.collegedekho.com/articles/10-offbeat-jobs-that-pay-you-more-than-you-think/#id4208-5>

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